

# Hartford HealthCare

## The Shores Mental Health



### **ALLOWABLE ITEMS:**

- Clothing (without drawstrings), including leggings
- Reading material (appropriate content)
- School/writing notebooks (without spiral)
- Toothbrush (non-electric)
- Toiletries (soap, solid/stick deodorant, toothpaste, lotion, shampoo, feminine products) are allowed only if they contain no alcohol and is not in a glass or aluminum container. Personal toiletries may need to be stored behind the RN station, labeled with your name.

### **PROHIBITED ITEMS:**

*In addition to the prohibited items listed below, staff (in consultation with supervisor/manager) may confiscate any item(s) deemed to be inappropriate or that could be used as a means of harm to self or others.*

- Illicit Drugs & Drug Paraphernalia
- Alcohol
- Tobacco Products (cigarettes, cigars, vapes, cigar cutters, etc.)
- Lighters, Matches
- Cans (beverages, etc.)
- Glass bottles/containers
- Alcohol-based Products or any product containing ethyl/isopryl alcohol (i.e. mouthwash)
- Credit Cards, Cash, Wallets
- Condoms
- Food & Drink (from outside the hospital)
- Gum/candy
- Cell Phones, tablets, or laptops
- Watches
- All electronic devices

- Keys
- Weapons
- Knives
- Multi-tools/pocketknives
- Box cutters
- Screwdrivers
- Items made of glass
- Prescribed Medications from Home
- Sewing Items (Crochet, knitting, yarn, needlepoint, etc.)
- Curling Irons/Flat Irons
- Hair Dryers
- Mirrors (or any item containing a mirror, i.e. makeup compact)
- Perfume/Cologne
- Nail Polish & Nail Polish Remover
- Metal Nail Files
- Nail Clippers
- Dental Floss or Dental Picks
- Aerosol sprays (including deodorant, hair spray)
- Razors or electric shavers
- Tweezers
- Makeup/Beauty Products (i.e. false lashes, eye lash glue, nail glue, Nair, etc.)
- Q-Tips (cotton balls as a substitute are permitted)
- Jewelry (permissible items to be evaluated on a case-by-case basis)
- Head wraps, scarves, or doo rags (Items for religious purposes will be determined on a case-by-case basis)
- Hats/beanies
- Hoodies
- Clothing with inappropriate slogans, revealing clothing, such as sleeveless undershirts, tank tops, camisoles, shorts, miniskirts, anything see through, tight stretch tops

- Stockings/Tights
- Shoelaces
- Boots
- High heeled shoes
- Belts, ropes, or cords
- Clothing with Strings
- Jackets
- Cloth face masks
- Hospital gowns
- Wire Hangers
- Clothing Iron
- Bags/purses with straps
- Hair Ties (limited to amount allowed, size of the hair tie, no scrunchies, no metal)
- Elastic/rubber bands
- Scissors
- Spiral Notebooks
- Paperclips/staples
- Pens or Pencils containing metal
- Pencil Sharpener
- Pins
- Musical Instruments
- Plastic Bags